

# Natural Notes in First Position

0 1 3 0 2 3 0 2 3 0 2 0 1 3 0 1 3

i m i m i m i m i m i m i m i

⑥ ----- ⑤ ----- ④ ----- ③ ----- ② ----- ① -----

3 1 0 3 1 0 2 0 3 2 0 3 2 0 3 1 0

m i m i m i m i m i m i m i m i m

① ----- ② ----- ③ ----- ④ ----- ⑤ ----- ⑥ -----

After performing above exercise using i-m, perform with m-i, a-m, m-a, i-a, and a-i  
Next, perform entire exercise using only p.

0 1 3 0 2 3 0 2 3 0 2 0 1 3 0 1 3

p p p p p p p i m i m i m i m

⑥ ----- ⑤ ----- ④ ----- ③ ----- ② ----- ① -----

3 1 0 3 1 0 2 0 3 2 0 3 2 0 3 1 0

i m i m i m i m p p p p p p p p p

① ----- ② ----- ③ ----- ④ ----- ⑤ ----- ⑥ -----

Now perform the exercise combining the two techniques, using the thumb on Strings #4, #5, and #6, and the various finger patterns on Strings #1, #2, and #3.